

# LASER WORLD MASTERS TITLES 2008

## Bushwalk to Bulgandry and Mt Wondabyne

Thursday, 21<sup>st</sup> February 2008

Bus leaves at 10 am from Trojan HQ, The Haven, Terrigal.

Brisbane Waters National Park covers 12,000 hectares on the northern side of Broken Bay and the Hawkesbury River. The underlying sandstone supports a range of vegetation communities which in turn provide homes for a rich variety of native mammals, birds and reptiles. The Park contains rock engravings created by the Guringgai people who were the original inhabitants of this part of the Central Coast.

The outing starts with a visit to Bulgandry where we can see some excellent examples of Aboriginal rock engravings. Perhaps the most impressive engraving is Bulgandry man, wearing a head dress with a woomera or club at his waist. There are also other engravings including a kangaroo, a dolphin and fish. After Bulgandry we will walk to Kariong Brook. The descent to the brook is reasonably steep, however the effort of getting there is rewarded by a delightful setting for morning tea. A natural sandstone overhang frames a pool which is fed by a small waterfall. The pool is surrounded by black wattle and other plants typical of cool streamsides.

After morning tea we backtrack a little way before heading for Mount Wondabyne. The route is via both firetrail and single track walking track. Birdlife in the park is particularly rich. Species that may be seen include wattle birds, lyrebirds, black cockatoos and honey eaters. The sharp eyed or simply lucky may also see a wallaby, echidna or lace monitor. As we near Mt Wondabyne the walk steepens to a short, moderate climb. At 247m in height Mt Wondabyne provides good views over the entire park. Occasionally soaring birds such as eagles or falcons can be seen. We will stop there for lunch, then complete the walk around the mountain and return to be picked up by the bus.

*The walk is moderately strenuous and covers around 12km. You should wear a hat, good walking shoes and sunscreen. We provide lunch, water and afternoon tea. You should bring a day pack to carry your lunch in (and scraps out) and anything else you may want to carry – camera, jumper, insect repellent, extra water, sunscreen.*

The organisers reserve the right to cancel the bushwalk or substitute an alternative activity in the event of excessive heat or bushfire risk. For any questions call Stephen on 0410 602 806.

Please tear off booking slip and return with payment by Tuesday 19<sup>th</sup> February to the Host Desk, Trojan HQ.

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EVENT NAME: BUSHWALK, BULGANDRY AND MT WONDABYNE

EVENT DATE: THURSDAY, 21ST FEBRUARY 2008

YOUR FIRST NAME:

FAMILY NAME:

TICKET PRICE: \$40

NUMBER OF TICKETS:

TOTAL DUE: \$ (Office use: Date Paid/Received: )